



## SALADS

-  **MIXED GREENS SALAD** **\$13**  
Baby Spinach, Beets, Carrots, Cherry Tomatoes, & Walnuts
-  **ARUGULA SALAD** **\$14**  
Baby Arugula, Tomato, Lemon, Shredded Parmesan Cheese
-  **HOUSE SALAD** **\$10**  
Iceberg, Romaine, Carrots, Cucumber, Peppers, Tomatoes, Onions
-  **ARMS CAESAR SALAD** **\$13**  
Crisp Romaine topped with Caesar Dressing and Parmesan Cheese
-  **MEDITERANEAN SALAD** **\$13**  
Iceberg, Red Peppers, Basil and Buffalo Mozzarella Lite Vinaigrette Dressing

**ADD: (2) CHICKEN BREASTS \$10 | (1) CHICKEN CUTLET \$10 | SALMON \$14 | GRILLED SHRIMP \$13 | FULL ORDER OF STEAK TIPS \$14**

## BURGERS & SANDWICHES

- BACON BLUE CHEESEBURGER** **\$17**  
8oz Beef, Bacon, Blue Cheese Crumble, American, Lettuce, Tomato
- NASHVILLE HOT CHICKEN SANDWICH** **\$16**  
Fried Bell & Evans Breast, Nashville Hot, Lettuce, Tomato, Onion
-  **DOCS HOUSE BURGER** **\$16**  
8oz of Beef, Bacon, American Cheese, Arugula and Burger Sauce
-  **HADDOCK SANDWICH** **\$17**  
Blackened, Broiled or Fried Haddock topped with Tartar sauce
- ALL AMERICAN CHEESEBURGER** **\$16**  
American Classic: 8oz Beef, Lettuce, Tomato & Onion.
- CAPRESE CHICKEN SANDWICH** **\$16**  
 Grilled Chicken Breast, Tomato, Mozzarella, Basil and Balsamic
- MAINE LOBSTER ROLL** **\$32**  
Half a pound of Maine Lobster meat mixed with Mayo
-  **CHICKEN PARMESAN SANDWICH** **\$17**  
Fried Chicken Breast, Marinara & Mozzarella

**ALL BURGERS & SANDWICHES SERVED WITH FRENCH FRIES**

**ADD ONION RINGS TO ANY ORDER \$2**

## ENTREES


-  **DOC'S CHICKEN POT PIE** **\$17**  
Pulled Chicken, Peas & Carrots under a flaky crust with Mashed Potatoes
-  **PAN-BLACKENED SALMON** **\$29**  
Fresh Salmon with a Lite Cajun Crust, cooked on a cast iron skillet and served over brown rice & spinach
- FISHERMANS PLATTER** **\$MKT**  
Haddock, Shrimp & Scallops: **Baked, Broiled, Naked (GF), Fried or Blackened (GF)** with a Potato & Vegetable
- HADDOCK CAPRESE** **\$26**  
Fresh Haddock, Basil, Mozzarella Cheese & Tomatoes over Mashed Potatoes & Asparagus. **Also available: Baked, Blackened (GF), Naked (GF), Broiled or Fried**
- SEAFOOD SCAMPI** **\$28**  
Day Boat Scallops & Shrimp, Garlic & Oil over a bed of Linguini with Broccoli topped with Romano Cheese
- BAKED STUFFED SHRIMP OR SCALLOPS \$MKT**  
Shrimp or Day Boat Scallops OR BOTH! Served with a potato & vegetable. **Also available: Baked, Blackened (GF), Naked (GF), Broiled or Fried**
-  **BLACKENED CHICKEN LINGUINE** **\$18**  
Blackened Chicken Breast, Broccoli, Mushrooms in a bed of Linguine in our homemade Cajun Cacciatore sauce
-  **TURKEY DINNER** **\$19**  
Thanksgiving Turkey with all the fixings. Squash, Mashed Potatoes & Sage Stuffing.
- ARMS FAMOUS PRIME RIB** **\$MKT**  
**Friday and Saturday night special!** A Bone In Fred Flinstone cut of beef served with a house salad & potato
-  **LOBSTER PASTA** **\$32**  
Maine Lobster mixed with a thicker cream sauce infused with Tarragon over a bed of Linguine or Angel Hair
-  **ARMS STEAK TIPS** **\$26**  
8oz of Marinated Tips served with Julienned Veggies & Rice
-  **ARMS GRILLED CHICKEN** **\$22**  
Two Bell & Evans Breasts served with a choice of vegetable & potato
- CHICKEN OR VEAL AMANDA** **\$24 / \$29**  
Breaded Cutlet, Asparagus, Mozzarella Cheese sautéed in our White Wine Mushroom Sauce next to Mashed Potatoes
- CHICKEN OR VEAL PARMESAN** **\$24 / \$29**  
Classic Cutlet, Marinara, and Mozzarella Cheese served with a choice of: **Angel Hair, Linguine or Cavatappi**
- CHICKEN OR VEAL LIMONE** **\$24 / \$29**  
Classic Cutlet, Asparagus, Mozzarella Cheese in a lemon sauce with a choice of: **Angel Hair, Linguine or Cavatappi**
-  **BROILED OR BLACKENED PORK CHOPS** **\$29**  
 2 Double-Thick Pork Chops, Choice of Potato & Vegetable
-  **ARMS CHICKEN UNDER A BRICK** **\$26**  
 1/2 Roasted Chicken crispy on the outside tender in the center Served with a Potato & Vegetable **we recommend ordering with your Appetizers, yields a longer cooking time.**
-  **NEW YORK SIRLOIN STEAK** **\$39**  
14oz USDA Prime Sirloin Steak Topped with Garlic Butter and served with Sautéed Broccoli & Baked Potato
-  **ARMS LAMB CHOPS** **\$32**  
Two Double-Thick Lamb Chops served with a Potato & Vegetable.
- VEAL OF THE WEEK!** **\$MKT**  
**Whether it's out Bone in Veal Chop or our classic Veal Louise** Ask your server which Veal is available tonight!
-  **LOBSTER PIE OR TRIO** **\$36**  
Just Lobster or a mix of Lobster, Shrimp & Scallops under butter & breadcrumbs served with a potato & vegetable

**VEGETABLE OPTIONS: BUTTERNUT SQUASH, MIXED JULIENNED VEGGIES, SAUTEED BROCCOLI, SAUTEED SPINACH, GRILLED ASPARAGUS  
POTATO/STARCH OPTIONS: MASHED, BAKED, FRENCH FRIES, RICE PILAF, SPINACH & LEMON INFUSED BROWN RICE**

## SIDES BIG ENOUGH TO SHARE

- BASKET OF HANDCUT ONION RINGS \$9**
- HOUSE SALAD \$4**
- BASKET OF FRENCH FRIES \$9**
- IDAHO MASHED POTATOES \$5**
- BAKED POTATO \$6**
- GRILLED ASPARAGUS \$9**
- BUTTERNUT SQUASH \$5**

 INDICATES ITEMS ARE GLUTEN FREE

 INDICATES SLIGHTLY LONGER COOK TIME

**\* WE USE ONLY CANOLA OIL FOR OUR FRYING. CONSUMING RAW OR UNDERCOOKED MEATS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS. IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY, SUCH AS A GLUTEN INTOLERANCE PLEASE INFORM YOUR SERVER BEFORE ORDERING.**

**20% GRATUITTY ADDED TO ALL PARTIES OF 8 OR MORE**